

## Summer Term Menu 2019

Week 1	Meal	Dietary Requirements
Monday	Turkey korma with rice	Dairy Free sauce Korma with Turkey (DF) Vegan Korma with Quorn (DF and V)
Tuesday	Pasta, pesto, broccoli and ham in crème fraiche sauce	Pasta, pesto, broccoli and ham (DF) Pasta, pesto (DF and V)
Wednesday	Fish pie	
Thursday	Chilli con carne	
Friday	Sausage pasta	Tomato pasta (DF and V)

Week 2	Meal	Dietary Requirements
Monday	Chicken noodle stir fry	Vegetable stir fry (DF)
Tuesday	Jacket potatoes	Jacket potatoes no cheese (DF and V)
Wednesday	Lasagne	
Thursday	Pork casserole	Pork casserole (DF)
Friday	Ratatouille chicken with cous cous	Ratatouille Quorn with cous cous (DF and V)

Week 3	Meal	Dietary Requirements
Monday	Salmon and pea risotto	
Tuesday	Spaghetti Bolognese	Spaghetti Bolognese (DF) Quorn Bolognese (DF and V)
Wednesday	Sweet and sour chicken and rice	
Thursday	Sausage hot pot	Sausage hot pot (DF)
Friday	Tuna pasta bake	Pesto pasta (DF) Pesto pasta (DF and V)

Week 4	Meal	Dietary Requirements
Monday	Chicken meatballs with spaghetti	Chicken meatballs with spaghetti (DF) Quorn Spaghetti (DF and V)
Tuesday	Macaroni cheese	Tomato pasta (DF) Tomato pasta (DF and V)
Wednesday	Cottage pie	
Thursday	Sizzling sausage with cous cous	Sizzling sausage with cous cous (DF)
Friday	Pizza and wedges	Pizza and wedges (DF)